



The Finally Home Housing Toolkit User Guide

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Introduction

Welcome

Finally Home is a demonstration project of Values into Action funded by the Pennsylvania Developmental Disabilities Council (PADDC) to assist individuals with disabilities from rural communities in meeting their goals to access and maintain control of their own homes. Diana T. Myers and Associates, Inc. (DMA) and Values Into Action created the **Finally Home Housing Toolkit** as a user-friendly resource providing housing information and tools for advocates, Housing Service Providers, Supports Coordinators, Supports Brokers, family members and other interested parties to support people with disabilities in securing the housing of their choice.

This does not mean a person with a disability cannot or should not use these tools on their own; however, if you are looking to explore your housing options, it is helpful to find a trusted friend or support to work with you in exploring your housing options and preferences.

There are five sections included in the Finally Home Housing Toolkit:

- 1. Housing Options Training Modules 1 and 2 (HOT 1 & HOT 2)
- 2. The Finally Home Housing Toolkit User Guide
- 3. The Housing Assessment
- 4. The Housing Plan
- 5. The Appendix

Each section provides instructions for using the tools to provide a structure for you to support a person with a disability to explore the many options of homes, places, and ways to live in their own home. The following are brief descriptions of each section of the **Finally Home Housing Toolkit**.

Housing Options Training Modules

HOT 1 & HOT 2 are two PowerPoint guides to introduce a housing seeker to housing information, terms, procedures, and practices. The modules are designed to broaden our thoughts about housing options, while introducing the user to terms used in by housing professionals. HOT 1 and HOT 2 also serve as a way for the person delivering the housing training and the person looking for housing to establish the same information and descriptions for the many housing options discussed.

- > HOT 1 guides you to explore housing options such as:
 - ✓ With whom do you want to live?

- ✓ Where do you want to live? In what kind of community or neighborhood? In what kind of home?
- ✓ What housing options might you consider? An efficiency or studio apartment?
- ✓ Would you prefer to own or rent your home?
- > HOT 2 explores additional housing options, such as:
 - ✓ Basic housing characteristics (livability, habitability, accessibility, affordability)
 - ✓ Accessibility resources and assistive devices
 - ✓ How to make renting or buying a home affordable
 - ✓ Fair housing and reasonable accommodations

Housing Assessment

The Housing Assessment is used to:

- Assess the needs of the person seeking housing
- Document the preferences of the housing seeker
- Assist in the creation of the Housing Plan

Housing Plan

The Housing Plan begins with a summary of the housing goals obtained from the Housing Assessment. The rest of the plan is divided into three sections:

- Section A outlines the Action Steps for any housing seeker
- Section B outlines the Action Steps for renting a home
- Section C outlines the Action Steps for buying a home

The Appendix

The Appendix includes several information sheets that dive deeper into topics discussed in HOT 2, as well as the Housing Plan, Housing Assessment, and more.

If you need help finding someone to support you in exploring independent housing, or you have questions about these tools, please reach out to Values Into Action using the contact page on the website <u>https://valuesintoaction.org/pa/contact-us/</u>

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Housing Options Training Module 1

HOT 1 is a PowerPoint designed to introduce you to housing information, terms, procedures, and practices. HOT 1 can also be used to support someone with a disability to understand and decide what housing options may work for them. HOT 1 introduces the many choices and preferences important to making an informed housing choice.

HOT 1 covers the following topics:

- With whom do you want to live?
- Where do you want to live? In what kind of community or neighborhood? In what kind of home?
- What housing options might you consider? An efficiency or studio apartment? An accessory apartment? ECHO housing (Elder Cottage Housing Opportunity)? Shared Housing? Shared living?
- > Would you prefer to own or rent your home?

Planning to Present

Keep in mind using HOT 1 & HOT 2 to help someone explore their options requires preparation. Unless you use HOT 1 & HOT 2 regularly, not preparing risks missing opportunities to prompt conversations. The conversations you have when using HOT 1 & HOT 2 will provide important information for the Housing Assessment.

As a support person, it is important to check your housing biases. Your opinion could become someone's fact if you are not careful in presenting options with facts and not opinions. Some examples of not checking your housing biases could be making a face to indicate your dislike of a housing option or talking about your preferences first.

In your planning, remember that you are using this as a roadmap to navigate through the many choices for housing, but is not to be used as a complete go-to guide for everything available. To prepare to present HOT 1 & HOT 2:

- 1. Go through the PowerPoints and create an outline to follow of the main points.
- 2. Consider collecting photographs of the area you are presenting in and use those photographs in place of the ones currently in HOT 1 & HOT 2. This will help to enhance understanding of each area description while supporting the person to see these are choices that are available not in some far-off place, but possibilities the person you are presenting to may be familiar with. Also, point out the area to the person and ask if they remember or have ever seen that place.
- 3. Prepare for the conversation. Opportunities for conversations are identified in the slide notes.

It is also vital to keep a finger on the pulse of your community. There are many resources available to help with different aspects of housing. It is important to know what these resources offer and how someone can access each resource. You will also want to know examples of these housing options in the community the person lives in.

One way to identify local options is to conduct community mapping in the neighborhood you are presenting in and collect photographs in those neighborhoods. Use those photographs to replace the photographs on the slides. It is important that you are familiar with local options prior to delivering this material so you are aware of what is available and can explain the options to the person you are working with.

If the community you are presenting in does not have available high-rise apartments, then staying local and choosing a high rise would not be a realistic option. Knowing what the public housing waitlist looks like in your area will also be very important. You could even dig into the local options in a community alongside the person you are supporting so they might learn how to find resources in their community using the community mapping technique.

Neither HOT 1 or HOT 2 are designed to cover every available option or situation that may exist. They may not reference all housing options in your community, or they may reference housing options not available in your community. You will need to do preparation research to give a full and accurate picture of the housing options available.

Presenting

The following pages include an outline of the flow of HOT 1 but do not include all the slides or scripts for presenting each slide. The entire HOT 1 is included in the Appendix.

HOT 1

The first set of slides (1-4) are introductory slides to explain the funding used to create this training and recognizes the creators.

WILLING OPTIONS TRAINING MODULE 1	Finally Home is a demonstration project of Values into Action funded by the Pennsylvania Developmental Disabilities concil (PADDC) to assist individuals with intellectual and developmental disabilities from rural communities in meeting their goals to access and maintain control of their own homes. Diana T. Myers and Associates, Inc. (DMA) and Values into Action created the Finally Home Housing Toolkit as a user- fiendly resource providing housing information and tools for advocates, Housing Service Providers, Supports Coordinators, Supports Brokers, family members and other interested parties to support people with disabilities in securing the housing of their choice.
The Pennsylvania Developmental Disabilities Council is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (4), 19, 20, 20, 20, 20, 20, 20, 20, 20, 20, 20	VALUES INTO ACTION Offers individualized support to people with disabilities and their families, exclusively in their own homes and communities . Believes that a person's strengths and aspirations defines who they are and that every human being has the right to self determination Demonstrates that the more complex and significant one's support needs, the more compelling the reason to direct one's own services, and hence their lifecourse

Slide 5-6 will need to be modified to include your name as the presenter and the name of the organization hosting the training, if applicable. You may remove one or both slides if you choose.

		(INSERT ORGANIZATION NAME)
TODAY'S FACILITATORS (INSERT PRESENTER NAME(S) HERE		(TEXT BOX: INSERT YOUR ORGANIZATION DESCRIPTION/INFO HERE)
	6	

Slide 7 is an introduction to what will be covered in HOT1.

	HOUSEKEEPING	
	nation presented is from a housing nective.	
gene	nation regarding resources is presented a ral, high-level overview. Local programmir pe more specific.	
		0

Slide 8 is a questions slide. You will find these slides throughout the presentation.



Slide 9 and 10 are designed to discuss the purpose of HOT 1 and further explain the training and topics.

PURPOSE OF TRAINING	TOPICS TO BE COVERED
To introduce and show a range of housing choices and options	• Who do you want to live with?
To assist people with intellectual & developmental disabilities and their family members to understand the challenges and opportunities presented by each option	 Where do you want to live? Do you want to own or rent? Other ideas to start thinking about
To help people of all abilities to decide which features and options might be of interest to them	
9	

Slide 11 starts the conversation of who a person would like to live with.



Slide 12 begins the discussion of the different types of communities a person could choose to live in. This is a guide to begin introducing vocabulary and developing a mutual understanding of the types of communities and neighborhoods.

WHERE DO YOU WANT TO LIVE?]
YOU NEED TO DECIDE: 1. The Kind of Community or Neighborhood 2. The Kind of Home	
	12

Slides 13- 23 provide both written and picture descriptions of three types of areas/communities. You can change these pictures with pictures of the community familiar to the person you are presenting the information to.





Slides 24-35 shift from the neighborhood a person would like to live in, to the type of buildings that could be available to live in. Again, you can change the pictures so they are familiar to the person you are presenting to, and then talk about each option.

As you view each slide, ask the person about their preferences and likes/dislikes of each option.











Slide 36 transitions you to talk about who you want to live with and options for where you may want to live.



Slides 37-40 demonstrate the ways in which a person could choose to live in an apartment alone.

OPTION: LIVING ALONE	ONE BEDROOM APARTMENT	EFFICIENCY OR STUDIO APARTMENT
 You may want to live alone in your own house or apartment Some examples are: one-bedroom apartment an efficiency apartment 	 TYPICAL LAYOUT Usually for one or sometimes two people A separate living room, bedroom, kitchen and bathroom 	 Apartment for one person or sometimes, a couple The living room, bedroom and kitchen are in the same room CL STUDI 11-9x18 KITCHEN



Slides 41-43 present options when living with family or friends. Again, these are only some options, not all of them.

Ask if living with family or friends is an option and if you would like to do this.

OPTION: LIVING WITH FAMILY	OPTION: LIVING WITH FAMILY	
 You may want to live with your own family or relatives You would probably have your own bedroom in a house, apartment or mobile home and share the kitchen, living room, and other areas 	A TYPICAL APARTMENT • Usually for a family of two or more people • Separate bedroom • Shared living room, kitchen & bathroom	Typical Apartment Living Room
41	42	43

Slides 44-50 identify several options of living alone, but close to family and friends.





Accessory Apartment

47

ELDER COTTAGE HOUSING OPPORTUNITY (ECHO HOUSING)

- ECHO housing is a *temporary* apartment style house or mobile home placed on a homeowner's property
- It is usually designed to meet the needs of an older family member, but could be for a family member with a disability
- When living requirements change, the home is moved to another location

48





Slides 51-58 offer options for sharing housing with other people who are not family.





Slides 59-63 present the options of renting or owning.

Often, this section creates a lot of conversation! Even if someone has their mind set on one option over the other, discuss the options anyway. It is vital to not limit the discussion of choices, especially when the goal of HOT 1 is to simply discuss many of the possible options, not decide on an option.



If presenting for just one person, slides 64 and 65 are a great time to ask about preference.

If presenting to multiple people, you can use the prompts on slide 66 and ask someone to share their preferences. This is a great time to jot down ideas for the person's Housing Assessment!



Slide 66 provide contact information to reach the creators of these slides.

THANK YOU!!	
Thank you for reviewing the HOT 1 slides.	
For more information about housing resources, contact Values Into Action https://valuesintoaction.org/pa/contact-us/	
(610) 565-5177	
	(

HOT 2 is accompanied by supplemental materials that provide more in-depth information on the topics covered. Each of the following discussion points are referenced on the relevant slide in **purple font**. The additional resources listed below are found in the **Housing Toolkit** appendices listed below.

- Housing and Urban Development (HUD) Minimum Habitability Standards for Permanent Housing
- Affordable Housing
- Tenant Selection and Waiting List Policies for Public Housing
- Homeownership Glossary
- Homeownership Housing Choice Voucher Program
- Homeownership Government Benefits
- Reasonable Accommodations and Real Estate Sales
- Housing Acronyms
- Alternatives for Accessing and Expanding Housing Opportunities for People with Disabilities

You are encouraged to use the Prepared Renters Education Program (PREP) offered by Self-Determination Housing of PA (SDHP). This is a train-the-trainer program for professionals who support people who are looking for housing. The PREP workbook walks you through the process of preparing the needed information to search for and apply for housing, as well as what to look for during a walk through and the leasing process. You will also receive tips on how to be a good tenant. Information to register for this training can be found on the SDHP online training calendar https://www.inglis.org/programs-and-services/inglis-community-services/self-determination-housing-of-pennsylvania-sdhp/sdhp-calendar.

Slides 1-8 are the introduction slides, exactly like the ones we see in HOT 1.



Slides 9-11 expose housing seekers to the National Housing Goal and the basic housing characteristics of a home.

NATIONAL HOUSING GOAL	DEFINITION OF HOME	BASIC HOUSING CHARACTERISTICS]
National Housing Act of 1949: " To realize the goal of a decent home and suitable living environment for every American family"	"A decent home is full of intangibles that create a framework in which families thrive and individuals grow into their full potential. At its best, home is a haven for rest and comfort; it affords a sense of place and permanence; it fosters relationships, connects generations and grounds them in hope." Habitat for Humanity	Habitability Accessibility Livability	
•	•	Affordability	11

Slides 12-14 discuss habitability, the definition, and what it means to a person seeking housing. Review the HUD Minimum Habitability Standards for Permanent Housing found in the Appendix to prepare for the conversation.



Slides 15-27 review accessibility, barrier-free housing, and the many options to making a home accessible.

The Accessibility slides create a great opportunity to explore what accessibility options might be beneficial or desired.





Slides 28-31 cover the livability factors of a home choice.

Use the questions on Slide 30 to discuss the housing seeker's needs and wants.

LIVABILITY	LIVABILITY	LIVABILITY
 Many Factors: Being part of a neighborhood of choice Size/composition of home meets needs Ability to feel safe and secure Access to supports, religious congregations, and other amenities as needed/desired 	 Location (HOT 1): city, town, outside town, rural farmland, etc. Type of Home or apartment (HOT 1): Single-family or multi-family? Attached or detached? How many floors? How many bedrooms? With people or without? Proximity: noise levels, safety, closeness to friends, family, work, place of worship, schools, doctors, supportive services, and transportation 	Other wants and needs? Pets? Non-smoking? Air conditioning? Housing Choice Type of flooring? Vouchers? Natural Light? Parking? Ground floor? Baseme Storage? Upper level? Fenced yard? Yard access? Type of bathroom?
	QUESTIONS?	
	0	

Slides 32-44 cover the most common question in home searches, how to afford a place of our own. Refer to the Appendix for additional information on the resources noted on the slides.



Slides 45-55 help make real the possibility of homeownership. Some people may have never considered this choice, so it is important to present the options of making

homeownership affordable. Refer to the Appendix for additional information on the resources noted on the slides.



Slides 56-58 offer information about the Fair Housing Act and the rights and protections included. Although we begin exploring Fair Housing in this presentation, be careful to explain that this is an overview of Fair Housing. One way to aid in this explanation is to provide information about how to access the local fair housing office in the area you are presenting.

FAIR HOUSING: WHAT DOES IT COVER?	FAIR HC PROHIBITS DIS BASE			FAIR HOUSING: WHOM DOES IT COVER?
Fair housing laws are civil rights laws. Click the following link	FEDERAL FAIR HOUSING ACT	PENNSYLVANIA HUMAN RELATIONS ACT	Be aware	e of your local laws and ordinances, as some areas
to view a brief video on housing discrimination https://www.youtube.com/watch?v=nCFUht.gi0_4 In PennsyNennia there are federal, state, and local laws that prohibit discrimination in the rental, sale, insuring, and financing of housing. In addition to these laws, there are fair lending laws that apply to the provision of credit and home mortgage financing.	 Race Religion Color Sex National Origin Familial Status (presence of children) 	 All Federally protected classes (to the left) Age (above the age of 40) Ancestry Use of Guide/Support Animal 	classes a - Assoc - Birth - Marita	is that include all the federal and state protected and they ALSO may prohibit discrimination based on: ciation/Relationship with an Individual with a Disability of a Child al Status e of Birth hancy
٢	 Disability 			al Orientation

Slides 59-60 explore reasonable accommodations and modifications as part of the Fair Housing Act, but again, refer questions to the Fair Housing experts in the region you are presenting for more information. Refer to the Appendix for additional information on the resources noted on the slides.

REASONABLE ACCOMMODATIONS & MODIFICATIONS	REASONABLE ACCOMMODATIONS & MODIFICATIONS
 Under fair housing laws, a person with a disability may make a "reasonable accommodation" request to alter a rule, policy, practice, or service if such a change is 	 A person making a request should be prepared to describe how the need for the accommodation or modification is related to his or her disability.
necessary to provide the person with the disability an equal opportunity to use and enjoy the housing.	 Obtaining a letter from a medical professional, social worker, or other professional can be very helpful. The Fair Housing Guide to Reasonable Accommodations and
 A person with a disability may also request a "reasonable modification" of a dwelling unit or common area if the modification would afford the 	Modifications was published February 2020 by the Housing Equality Center of Pennsylvania and is located in the Appendix. It is a great resource, complete with sample request letters!
person with the disability the opportunity to fully use and enjoy the housing.	See handout for more on this topic as related to real estate sales!

Slides 61-62 conclude HOT 2 with contact information to access additional housing resources. Refer to the Appendix for additional information on the resources noted on the slides.



Housing Assessment & Housing Plan

The purpose of the Housing Assessment is to document the needs and preferences of individuals with disabilities who desire to change their housing situations. It is designed to accompany and summarize the housing seeker's preferences as identified when completing Housing Options Training 1 (HOT 1) & Housing Options Training 2 (HOT 2).

The Housing Assessment is best used with a support person. As noted in the introduction, the Housing Assessment and Housing Plan instructions are written for a support person to ask the questions of a housing seeker to aid the housing seeker in assessing their current situation. The first two sections of the Housing Assessment, "Identifying Information" and "Current Living Situation", should be filled out during the initial meeting with the person looking for housing. These sections are used to document valuable background information before the person seeking housing goes through HOT 1 & Hot 2. The remaining sections of the Housing Assessment follow the topics presented in HOT 1 & Hot 2 and may be filled out during or following a review and discussion of the content.

Once the questions in the Housing Assessment are discussed with the housing seeker and the form has been completed, the person completing the Housing Assessment should fill out the "Summary of Housing Needs and Preferences" at the end of the Housing Assessment. This summary will serve as the starting point for the creation of the Housing Plan.

The purpose of the Housing Plan is to assist individuals to create a plan to find a home to rent or buy. The Housing Plan begins with a summary of the housing goals obtained from the Housing Assessment. The rest of the plan is divided into three sections:

- Section A outlines the Action Steps for any housing seeker
- Section B outlines the Action Steps for renting a home
- Section C outlines the Action Steps for buying a home

The Housing Assessment & Housing Plan can be found in the Appendix.

Now that you've completed the Housing Assessment and Housing Plan, you should share these documents with your ISP team and anyone else you choose to be part of your housing planning team.

Conclusion

Thank you for taking the time to review the **Finally Home Housing Toolkit User Guide**. We hope you found the information and tools helpful and easy to follow. You will find all the tools, as well as training slides with presenter notes and additional housing information in the Appendix.

If you need additional support, or would like training on utilizing the **Finally Home Housing Toolkit User Guide**, reach out to Values Into Action using the contact page on the website (<u>https://valuesintoaction.org/pa/contact-us/</u>).

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Homeownership and Government Benefits

Housing Acronyms

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Housing Options Training Module 1

Housing Options Training Module 2

Housing Plan

HUD Minimum Habitability Standards

PA Housing Search

Tenant Selection and Waiting List Policies for Public Housing

Website Resources

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