



Past Life Experiences

List past life experiences that support your vision for good friendships

Moving Forward

List current or future experiences or goals that will continue to support good friendships

Vision for What I Want

List what Good Friendships look like for you

List past life experiences that pushed you toward things you don't want in a friendship

List things to avoid that could keep you from having good life friendships or lead to what you don't want in a friend

What I Don't Want

List the things you don't want from a Friendship

